

MSRT Wava 2005 - långlopp	Curt Borglund 55 år HAIK	Per Lilja 44 år IF Kville	Anders Hansson 42 år Solviking	Halvar Albertus 50 år Solviking	Oscar Sjölander 36 år MIK	Ann Hellgren 38 år IF Kville	Björn Hellgren 43 år HAIK	Lars Lundsjö 43 år Solviking	Anders Eriksson 50 år MIK	Per Hagman 48 år HAIK	Lars Wingfors 36 år MIK
Starter	8	8	14	8	9	6	5	6	4	4	3
<b>Totalt</b>	<b>655,7</b>	<b>654,5</b>	<b>1 139,6</b>	<b>603,9</b>	<b>668,1</b>	<b>442,6</b>	<b>392,2</b>	<b>373,7</b>	<b>288,5</b>	<b>288,4</b>	<b>218,9</b>
<b>8 bästa</b>	<b>655,7</b>	<b>654,5</b>	<b>636,7</b>	<b>603,9</b>	<b>597,0</b>	<b>442,6</b>	<b>392,2</b>	<b>373,7</b>	<b>288,5</b>	<b>288,4</b>	<b>218,9</b>
Vårtävlingarna 12/3 8 km	<b>29:30</b>		<b>27:47</b>	<b>31:17</b>	<b>29:02</b>					<b>31:35</b>	
	<b>84,0</b>		<b>80,5</b>	<b>76,0</b>	<b>73,9</b>					<b>74,1</b>	
Vårtävlingarna 19/3 16/32 km	<b>59:08</b>				<b>2:10:41</b>					<b>64:20</b>	
	<b>86,7</b>				<b>71,7</b>					<b>75,3</b>	
Gbg X-Country 10 km Skatås	<b>38:05</b>	<b>34:59</b>	<b>35:57</b>	<b>41:20</b>					<b>41:33</b>		
	<b>82,2</b>	<b>82,0</b>	<b>78,6</b>	<b>72,6</b>					<b>72,2</b>		
Terr-DM Vgötl 16/4 8km			<b>27:36</b>								<b>29:40</b>
			<b>81,1</b>								<b>72,3</b>
Terräng DM 4 km Kungälv	<b>15:18</b>	<b>13:33</b>		<b>15:29</b>	<b>13:49</b>				<b>15:52</b>		
	<b>78,3</b>	<b>81,0</b>		<b>74,2</b>	<b>75,0</b>				<b>72,4</b>		
Lerumsloppet 5,3 km 23/4						<b>21:01</b>	<b>17:49</b>				
						<b>75,2</b>	<b>82,2</b>				
Terräng SM 8 km Öland	<b>29:59</b>	<b>28:07</b>	<b>29:55</b>	<b>31:33</b>				<b>31:39</b>			
	<b>82,6</b>	<b>80,7</b>	<b>74,8</b>	<b>75,3</b>				<b>71,2</b>			
Älvängenloppet 10 km 14/5		<b>34:05</b>	<b>35:44</b>						<b>40:59</b>		
		<b>84,7</b>	<b>79,1</b>						<b>73,2</b>		
Göteborgsvarvet Hm 21/5			<b>1:23:55</b>	<b>1:23:13</b>	<b>1:17:51</b>	<b>1:34:07</b>		<b>1:23:33</b>	<b>1:33:13</b>	<b>1:32:34</b>	
			<b>73,9</b>	<b>79,2</b>	<b>76,6</b>	<b>71,2</b>		<b>74,8</b>	<b>70,7</b>	<b>70,1</b>	
Blodomloppet 1/6			<b>5 km</b>			<b>10 km</b>	<b>5 km</b>				
			<b>16:47</b>			<b>40:38</b>	<b>16:44</b>				
			<b>81,4</b>			<b>75,5</b>	<b>82,3</b>				
Stockholm Marathon 4/6			<b>2:54:45</b>	<b>3:03:03</b>							
			<b>74,8</b>	<b>75,8</b>							
Strömstadsmil 10 km 2/7			<b>36:07</b>	<b>39:01</b>							
			<b>78,2</b>	<b>76,9</b>							
Varbergsloppet Kvartmara 9/7		<b>36:55</b>	<b>37:07</b>		<b>38:21</b>						
		<b>82,1</b>	<b>80,4</b>		<b>74,6</b>						
Kraftprovet Thn 11,6 km 15/7			<b>42:40</b>					<b>45:40</b>			
			<b>77,4</b>					<b>72,8</b>			
Bryggundan Smögen 16/7						<b>7,5 km</b>	<b>3 km</b>				
						<b>29:15</b>	<b>10:44</b>				
						<b>77,8</b>	<b>74,4</b>				
Vet SM Maraton Mariestad 10/9			<b>3:09:53</b>		<b>3:15:27</b>						
			<b>68,8</b>		<b>71,7</b>						
Lidingöloppet 24/9	<b>15 km</b>		<b>30 km</b>								
	<b>1:00:22</b>		<b>2:18:07</b>								
	<b>79,3</b>		<b>65,6</b>								
Vårgårdarhuset 6 km 2/10			<b>21:34</b>			<b>25:18</b>	<b>22:05</b>				
			<b>76,7</b>			<b>71,2</b>	<b>75,6</b>				
Sävedalsloppet 8 km 15/10	<b>29:11</b>	<b>27:10</b>									
	<b>84,9</b>	<b>83,6</b>									
Finalloppet 18,8 km 5/11	<b>1:16:18</b>	<b>1:11:07</b>	<b>1:20:26</b>		<b>1:14:10</b>						
	<b>79,7</b>	<b>78,4</b>	<b>68,3</b>		<b>71,1</b>						
Korplloppet 11,6 km 13/11		<b>40:51</b>		<b>47:27</b>	<b>42:19</b>					<b>50:04</b>	
		<b>82,0</b>		<b>73,9</b>	<b>74,8</b>					<b>68,9</b>	
En deltagande MSRT					<b>Skövde Maraton</b>		<b>Lusse 3,3 km</b>	<b>London Maraton</b>			<b>Kungsb Halvm</b>
					<b>2:53:32</b>		<b>11:25</b>	<b>2:55:05</b>			<b>1:22:30</b>
					<b>73,0</b>		<b>77,7</b>	<b>75,2</b>			<b>72,3</b>
En deltagande MSRT					<b>EM-lopp Kvartsm</b>			<b>Falkenb Kvartsm</b>			<b>Lufthavn Halvm</b>
					<b>37:00</b>			<b>39:11</b>			<b>1:20:16</b>
					<b>77,4</b>			<b>76,8</b>			<b>74,3</b>
En deltagande MSRT								<b>Lisabon Maraton</b>			
								<b>3:00:39</b>			
								<b>72,9</b>			